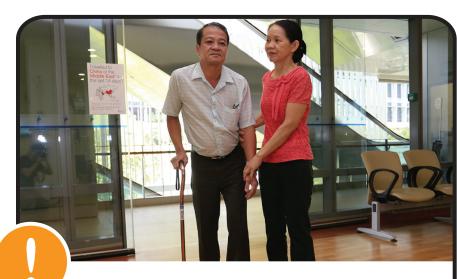


Let's Work Together to Prevent Falls



If you feel weak or unstable when walking, please come to appointments with a family member



Choose non-skid footwear & use a walking aid if needed



Tell our staff if you need help



Do not get up if you feel giddy



Lock brakes when getting in & out of wheelchair



Do not step on paddle when getting out of wheelchair