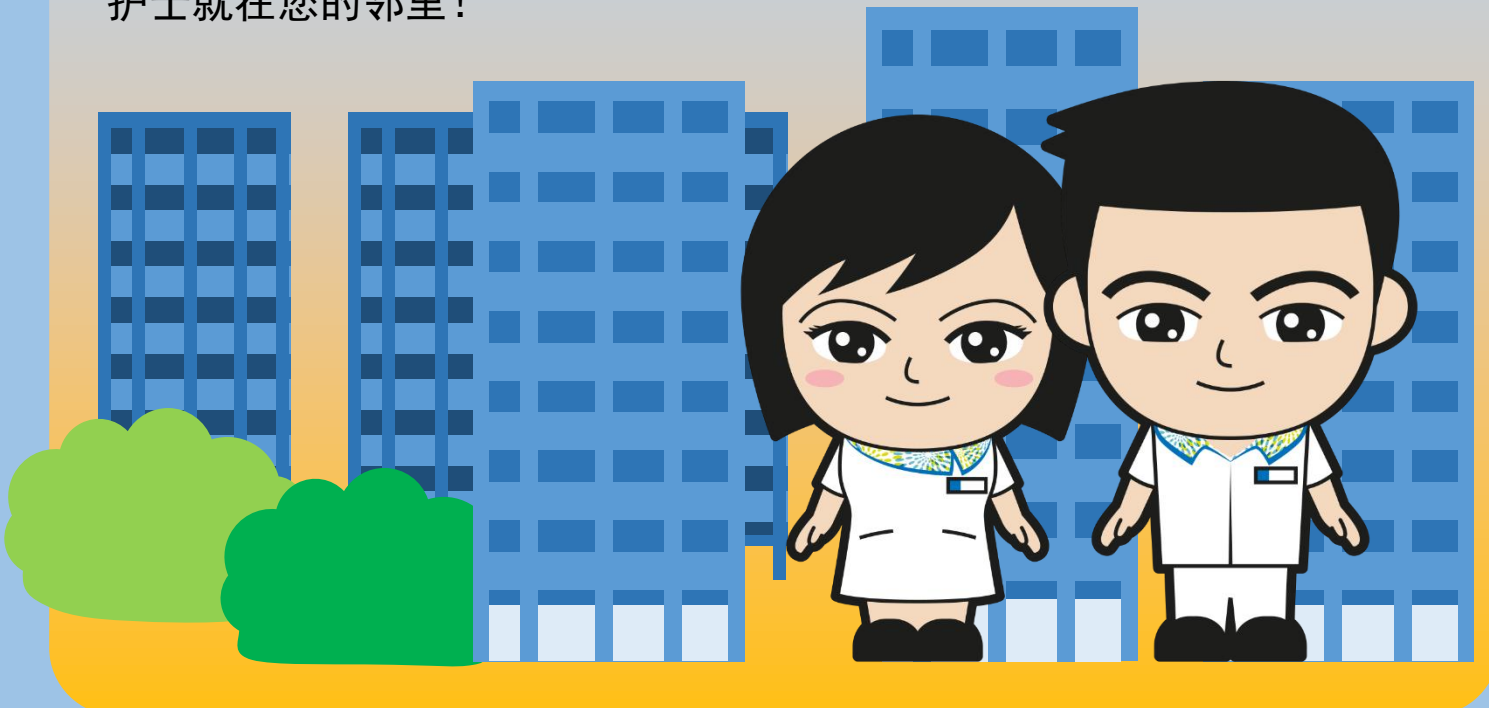


Khoo Teck Puat Hospital runs Community Nurse Posts in various areas across Northern Singapore. Our nurses are here in your neighbourhood!

邱德拔医院已在新加坡北部多处设立社区护士健康检查站。我们的社区护士就在您的邻里！



## Our Services

- Chronic disease monitoring  
(BMI, blood pressure, blood sugar)
- Health counselling & coaching
- Medication review & advice
- Memory screening
- Fall risk screening

## 我们提供的服务

- 慢性病检测  
(身体质量指数, 血压, 血糖)
- 健康辅导
- 药物检测
- 记忆测试
- 跌倒风险评估

Zone	Community Nurse Post	Address	Mon	Tues	Wed	Thurs	Fri
Marsiling	Sunlove Senior Activity Centre @ Marsiling	3 Marsiling Road, #01-5137, Singapore 730003	9am to 12pm				
	Silver COVE Marsiling	180B Marsiling Road, #01-2218, Singapore 731180			9am to 12pm		
	Marsiling Zone 7 Residents' Committee	206 Marsiling Drive, Singapore 730206		2pm To 5pm			
Admiralty / Woodlands	ACE The Place Community Centre	120 Woodlands Ave 1, #02-22, Singapore 739069			9am to 12pm		
	Care Corner Senior Activity Centre (WL569A)	569A Champions Way, #01-346, Singapore 731569					9am to 12pm
	NTUC Health Active Ageing Hub	676 Woodlands Drive 71, #06-01 Kampung Admiralty, Singapore 730676			9am to 12pm		
	Sunlove Senior Activity Centre @ Golden Saffron	764B Woodlands Circle, #01-208, Singapore 732764				9am to 12pm	
Sembawang	Sembawang Zone 'J' Residents' Committee	793 Woodlands Ave 6, #01-675, Singapore 730793			2pm to 5pm		
	Sembawang Zone 'K' Residents' Committee	588C Montreal Drive, #01-106, Singapore 753588					9am to 12pm
	Sembawang Zone 'H' Residents' Committee	770 Woodlands Drive 60, #01-154, Singapore 730770					2pm to 5pm
	TOUCH Senior Activity Centre	513 Wellington Circle, #01-34, Singapore 750513					9am to 12pm
Yishun / Gambas	Wellness Kampung @ 115	115 Yishun Ring Road, Singapore 760115	9am to 4pm				
	Wellness Kampung @ 260	260 Yishun Street 22, Singapore 760260		9am to 4pm			
	Wellness Kampung @ 765	765 Yishun Street 72, Singapore 760765					9am to 4pm
	Thye Hua Kwan Social Service Hub	131 Yishun Street 11, #01-237, Singapore 760131		9am to 12pm		9am to 12pm	
	Nee Soon East Community Centre	1 Yishun Avenue 9, #03-08, Singapore 768893				9am to 12pm	
	Yishun Clover Residents' Committee	398 Yishun Ring Road, #01-1739, Singapore 760398		9am to 12pm			
	Wellness for Life @ NSS	839 Yishun Street 81, #01-298, Singapore 760839	9am to 12pm			9am to 12pm	
	TOUCH Senior Activity Centre	162 Yishun Street 11, Singapore 760162	9am to 12pm				
	TOUCH Senior Activity Centre	436 Yishun Avenue 11, Singapore 760436				9am to 12pm	