

GENERAL PHYSICIAN - SPECIALIST PARTNERSHIP PROJECT



OBJECTIVES




- 1 Describe and identify common colon and anorectal conditions
- 2 Stratify risk and institute medical and simple surgical treatment
- 3 Manage patient's follow-up after surgical intervention
- 4 Perform assessment and have a diagnosis
- 5 Identify the criteria for referral
- 6 Clinical attachment and practical skills

Yishun Community Hospital • Tower E • Level 4 • Hansei 3

MODULE 1

Assessment and Outpatient Management of Common Anorectal Conditions: Anal Fissure, Hemorrhoid, Anorectal Abscess and Fistula




Skills learned:
examination techniques;
Digital Rectal Examination;
Proctoscopy;
incision & drainage of perianal hematoma & abscesses;
injection and banding of piles

 **Dr Surendra Mantoo**
 28 July 2018 (Sat)
 2pm - 4pm

MODULE 2

Recognition and Management of Irritable Bowel Syndrome, Constipation and Fecal Incontinence

Skills learned:
pelvic floor muscle training;
biofeedback;
use of laxatives & antidiarrheals;
update of new treatment modalities

 **Dr Surendra Mantoo
Dr Gregory Heng**
 20 October 2018 (Sat)
 2pm - 4pm

MODULE 3

Wound Care and Care of Patient with Stoma



Skills learned:
wound examination;
types of dressing materials and uses;
removal of sutures;
assessment and care of a stoma;
stoma appliances and uses

 **Dr Daniel Lee
SSN Lynn Tan**
 26 January 2019 (Sat)
 2pm - 4pm

MODULE 4

Risk Stratification, Referral Criteria and Follow-up Protocols for Patients with Colorectal Polyps and Cancer

Skills learned:
referral criteria;
follow-up protocols of colorectal polyps and cancers

 **Dr Sim Hsien Lin**
 20 April 2019 (Sat)
 2pm - 4pm

REGISTRATION

**Single module: S\$75.00
All modules: S\$150.00**

Grace Lim

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Closing date: 18 July 2018

Cheque payment should be crossed and made payable to "**Alexandra Health Pte Ltd**"

Please state "GPSP: Name & MCR number" at the back of the cheque, and mail it to:

Department of Surgery
Khoo Teck Puat Hospital
90 Yishun Central (S) 768828
Attn: Grace Lim



Course Director

Asst Prof Surendra Mantoo
MS(Surg), MMed(Surg), FRCS