

# A brief guide on Tricyclic Anti-Depressants

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Tricyclic Anti-depressants (TCA) are used for treatment of depression and anxiety. These drugs are effective medications that can reduce mental illness symptoms. Although side effects may appear to be frightening, the medications are generally well tolerated by most patients.

## **Generic Names Include**

Amitriptyline, Clomipramine

## **Side effects can include**

- Sleepiness, drowsiness
- Dry mouth
- Blurred vision
- Constipation
- Urinary retention
- Dizziness and increase of heart rate

## **Precaution**

Do not mix western medication with traditional Chinese medication.

*The information provided serves as psycho-education and not a guide for self-medication. The information contained herein is not intended to cover all possible uses, directions, precautions, warnings, drug interactions, allergic reactions, or adverse effects. Please consult your psychiatrist before taking any medication.*



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