

# A brief guide on other Anti-Depressants

Other anti-depressants that are not classified under the SSRIs and the TCAs categories.

## **Generic Name: Venlafaxine**

### Side Effects can include

- Insomnia
- Anxiety, dizziness
- Nausea
- Dry mouth
- Loss of appetite
- Constipation
- Sweating
- Agitation
- High blood pressure

## **Generic Name: Trazodone**

### Side Effects can include

- Dry mouth
- Nausea
- Headache
- Weight gain
- Sleepiness, drowsiness

## **Generic Name: Mirtazapine**

### Side Effects can include

- Sleepiness, drowsiness
- Dry mouth
- Constipation
- Fatigue
- Dizziness
- Gastric disturbances
- Might cause weight gain

Special care needs to be taken if these medications are given to elderly patients or patients with severe medical or heart problems.

## **Precaution**

Do not mix western medication with traditional Chinese medication.

*The information provided serves as psycho-education and not a guide for self-medication. The information contained herein is not intended to cover all possible uses, directions, precautions, warnings, drug interactions, allergic reactions, or adverse effects. Please consult your psychiatrist before taking any medication.*



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