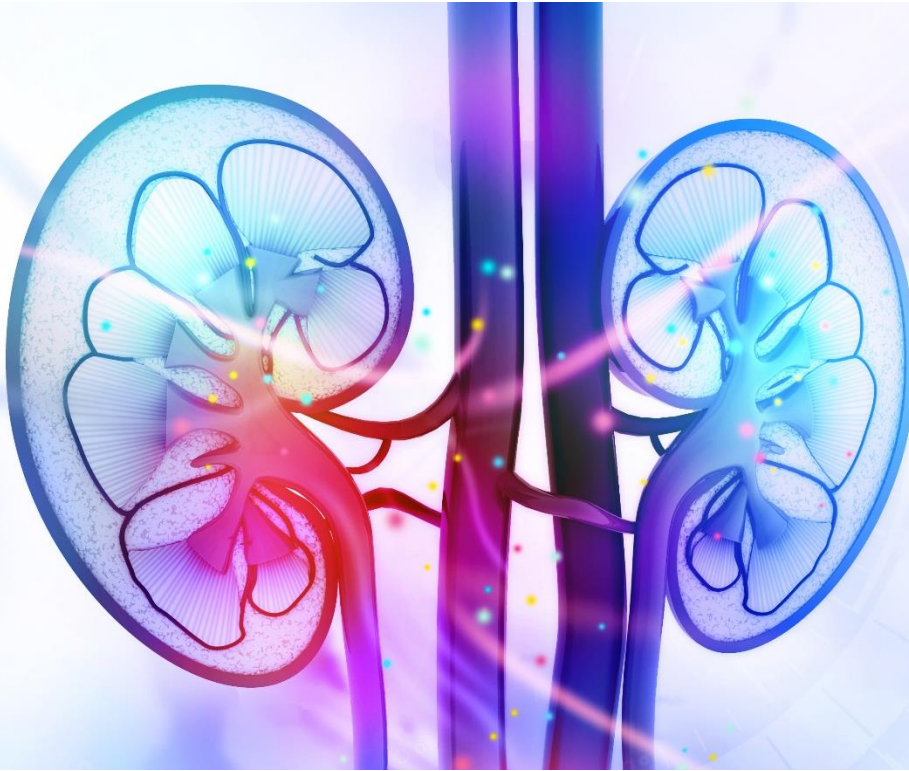


Skills for Life - Renal

Looking after your kidneys



Join us for this 3-hour programme, designed and delivered by our diabetes nurse educator and dietitian, to help people with diabetes and early signs of kidney disease protect their health.

Knowledge, practical tips and skills are shared through interactive and fun activities to help participants learn how to look after their kidneys.

We believe that ‘You are not alone in diabetes,’ so all participants with diabetes are encouraged to bring along **one** family member or friend at no charge!

Registration & Enquiry:

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