



MON 星期一

TUE 星期二

WED 星期三

THU 星期四

FRI 星期五

				<p>9am-10am Exercise 小群户内运动 10-12nn Share-a-Pot 大家喝 1.30-3.30pm Zentangle Class (Int) 禅绕画 (中级) 10am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">1</p>
<p>9am-10am Exercise 小群户内运动 10am-11am Arts & Crafts 绘画手工 1.30-2.30pm Basic Harmony Art 粉彩画 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">4</p>	<p>9am-10am Exercise 小群户内运动 9am-4pm Community Health Post 社区保健站 10.30-12.30pm Zentangle Class (Beg) 禅绕画 (初级) 2pm-4pm Art Dough Class (Beg) 面团艺术 (初级)</p> <p style="text-align: right;">5</p>	<p>9am-10am Exercise 小群户内运动 10am-11am Happy Exercise (SLEC) 9am Haircut 剪发 10am-12nn Folk Dance 康乐舞 1pm-2pm Tune Up! 唱起来 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">6</p>	<p>9am-10am Chair Zumba 尊巴舞 (椅) 2pm-4pm Table Tennis/Games 桌球运动/游戏 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">7</p>	<p>9am-10am Exercise 小群户内运动 10-12nn Share-a-Pot 大家喝 1.30-3.30pm Zentangle Class (Int) 禅绕画 (中级) 10am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">8</p>
<p>9am-10am Exercise 小群户内运动 10am-11am Arts & Crafts 绘画手工 1.30-2.30pm Basic Harmony Art 粉彩画 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">11</p>	<p>9am-10am Exercise 小群户内运动 9am-4pm Community Health Post 社区保健站 10.30-12.30pm Zentangle Class (Beg) 禅绕画 (初级) 2pm-4pm Art Dough Class (Beg) 面团艺术 (初级)</p> <p style="text-align: right;">12</p>	<p>9am-10am Exercise 小群户内运动 10am-11am Happy Exercise (SLEC) 10am-12nn Folk Dance 康乐舞 1pm-2pm Tune Up! 唱起来 1.30-3.30pm Both Sides Now Exhibit @ 765 2.15pm-3.45pm Hanyu Pinyin Class 汉语拼音班 (1/10)</p> <p style="text-align: right;">13</p>	<p>9am-10am Chair Zumba 尊巴舞 (椅) 2pm-4pm Table Tennis/Games 桌球运动/游戏 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">14</p>	<p>9am-10am Exercise 小群户内运动 10-12nn Share-a-Pot 大家喝 1.30-3.30pm Zentangle Class (Int) 禅绕画 (中级) 10am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">15</p>
<p>9am-10am Exercise 小群户内运动 10am-11am Arts & Crafts 绘画手工 1.30-2.30pm Basic Harmony Art 粉彩画 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">18</p>	<p>9am-10am Exercise 小群户内运动 9am-4pm Community Health Post 社区保健站 10-12pm MOHH Visit 10.30-12.30pm Zentangle Class (Beg) 禅绕画 (初级) 2pm-4pm Art Dough Class (Beg) 面团艺术 (初级)</p> <p style="text-align: right;">19</p>	<p>9am-10am Exercise 小群户内运动 10am-11am Happy Exercise (SLEC) 10am-12nn Folk Dance 康乐舞 1pm-2pm Tune Up! 唱起来 2.15pm-3.45pm Hanyu Pinyin Class 汉语拼音班 (2/10)</p> <p style="text-align: right;">20</p>	<p>9am-10am Chair Zumba 尊巴舞 (椅) 2pm-4pm Table Tennis/Games 桌球运动/游戏 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">21</p>	<p>9am-10am Exercise 小群户内运动 10-12nn Share-a-Pot 大家喝 1.30-3.30pm Zentangle Class (Int) 禅绕画 (中级) 10am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">22</p>
<p>9am-10am Exercise 小群户内运动 10am-11am Arts & Crafts 绘画手工 1.30-2.30pm Basic Harmony Art 粉彩画 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">25</p>	<p>9am-10am Exercise 小群户内运动 9am-4pm Community Health Post 社区保健站 10.30-12.30pm Zentangle Class 禅绕画 2pm-4pm Art Dough Class (Beg) 面团艺术 (初级)</p> <p style="text-align: right;">26</p>	<p>9am-10am Exercise 小群户内运动 10am-11am Happy Exercise (SLEC) 10am-12nn Folk Dance 康乐舞 1pm-2pm Tune Up! 唱起来 2.15pm-3.45pm Hanyu Pinyin Class 汉语拼音班 (3/10)</p> <p style="text-align: right;">27</p>	<p>9am-10am Chair Zumba 尊巴舞 (椅) 2pm-4pm Table Tennis/Games 桌球运动/游戏 11am-4pm Individual activities 拉米游戏, 个人活动</p> <p style="text-align: right;">28</p>	<div style="text-align: center;">  <p>GOOD FRIDAY</p> </div> <p style="text-align: right;">29</p>