



26 April 2010

MEDIA RELEASE
For Immediate Release

**SEMBAWANG SHIPYARD COLLABORATES WITH KHOO TECK PUAT HOSPITAL
TO PROMOTE WORKPLACE HEALTH**

Singapore . Alexandra Health Pte Ltd and Sembawang Shipyards Pte Ltd today signed a Memorandum of Understanding (MOU) that will help the 2,300 employees of Sembawang Shipyards to stay healthy.

2 Our programme is designed to provide health care, not illness care,+ said Chief Executive Officer of Alexandra Health, Mr Liak Teng Lit. Workplace health must first start with prevention of illness. For those who may already have chronic problems such as diabetes, we want to empower them to take charge of managing their condition so that they can continue to be productive and enjoy life. We are delighted to partner with enlightened employers such as Sembawang Shipyards who share this vision with us.+

3 Under the MOU, Khoo Teck Puat Hospital (KTPH) will provide the following:

- Workplace health
 - Executive health screening
 - On-site health screening
- Chronic disease management
 - Screening and management for diabetes
- Partnered healthcare with Sembawang Shipyards' medical centre
 - Capacity building for Sembawang Shipyards doctors and industrial nurses
 - Direct referrals for specialist, radiology, clinical measurements and sub-specialist medical investigations
 - Faster triage and treatment for industrial accidents through tele-consultation
 - Pandemic event support

4 When employees spend most of the 24 hours in a day at work, they have little time to focus on other priorities such as health. Therefore, health care must be incorporated into the work culture and employees can encourage one another in living a healthier lifestyle. Workplace support groups have also been found to be effective in chronic disease management,+said Mr Liak.

5 The MOU also provides faster treatment of worksite injuries through tele-consultation, which is expected to cut short the time spent at a hospital A&E from 3.5 to 4 hours on average, to just one hour. This will allow an injured worker to return home to rest or resume his duties in a shorter time, and result in improved productivity, lower absenteeism and lower manpower costs for the company.

6 Sembawang Shipyard believes in advocating healthy living among our employees and encouraging them to lead a balanced and healthy lifestyle. With Singapore's ageing workforce, chronic disease prevention and management has become a top health priority. Our collaboration with Alexandra Health will increase awareness among employees of the importance of a healthy lifestyle as well as proper disease management,+said Mr Ong Poh Kwee, Managing Director of Sembawang Shipyard.

7 This is the first workplace health MOU to be signed by Alexandra Health for KTPH, and the first MOU signed by Sembawang Shipyard with a health organisation. The signing ceremony was graced by Mr Khaw Boon Wan, Advisor to Sembawang Shipyard Union, Minister for Health and Member of Parliament for Sembawang GRC.